

# The Camel Trail

Lergh an Kammhey! 



Cornwall Wildlife Trust / S Hutchings



RSPB / C H Gomersall



Padstow



Cornwall Wildlife Trust / JB & S Bottomley

## ► The Camel Trail

The Camel Trail is one of the most popular multi-use trails in the UK, providing access to the beautiful Cornish countryside along a disused railway line linking Bodmin, Wadebridge and Padstow.

An easy route: traffic-free, smooth surface and virtually level, the trail is safe for families and easy to use for the mobility impaired. The experience is guaranteed to be memorable, providing breathtaking views across the Camel Estuary within an Area of Outstanding Natural Beauty.

The Camel Trail has links to The St Piran Trail, The Coast and Clay Trail and The North Cornwall Trail. The trail is suitable for walkers, cyclists, horse-riders and wheel-chair users.

## ► How to get there

**Rail** - [www.nationalrail.co.uk](http://www.nationalrail.co.uk) Tel: **08457 484950**  
Bodmin Parkway is situated on the main line.

Bodmin and Wenford Railway  
[www.bodminandwenfordrailway.co.uk](http://www.bodminandwenfordrailway.co.uk) Tel: **0845 1259678**

**Public Transport** - [www.traveline.org.uk](http://www.traveline.org.uk)  
Tel: **0871 200 2233**

**Car** - These routes make use of existing car parking facilities.

## ► Further Information

For more detailed information refer to OS Explorer maps **106** and **109**. Other guides are available from the local Tourist Information Centres.

## ► Tourist Information Centres

 **Padstow**, North Quay,  
Tel: **01841 533449**

 **Bodmin**, Shire Hall, Mount Folly,  
Tel: **01208 76616**

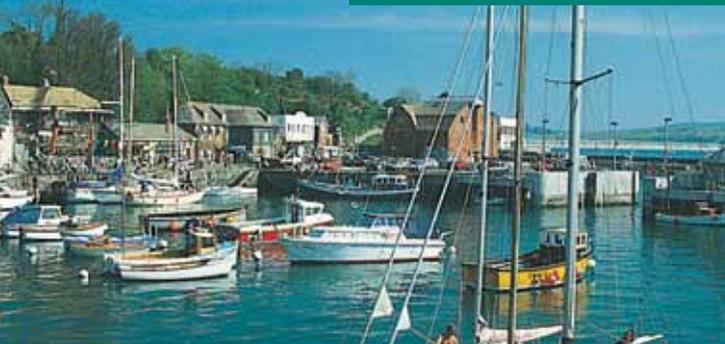
## ► Contacts

**Cornwall Council**  
[www.cornwall.gov.uk/cornishway](http://www.cornwall.gov.uk/cornishway)  
or tel: **0300 1234 202**

[www.sustrans.org.uk](http://www.sustrans.org.uk)  
[www.visitcornwall.com](http://www.visitcornwall.com)

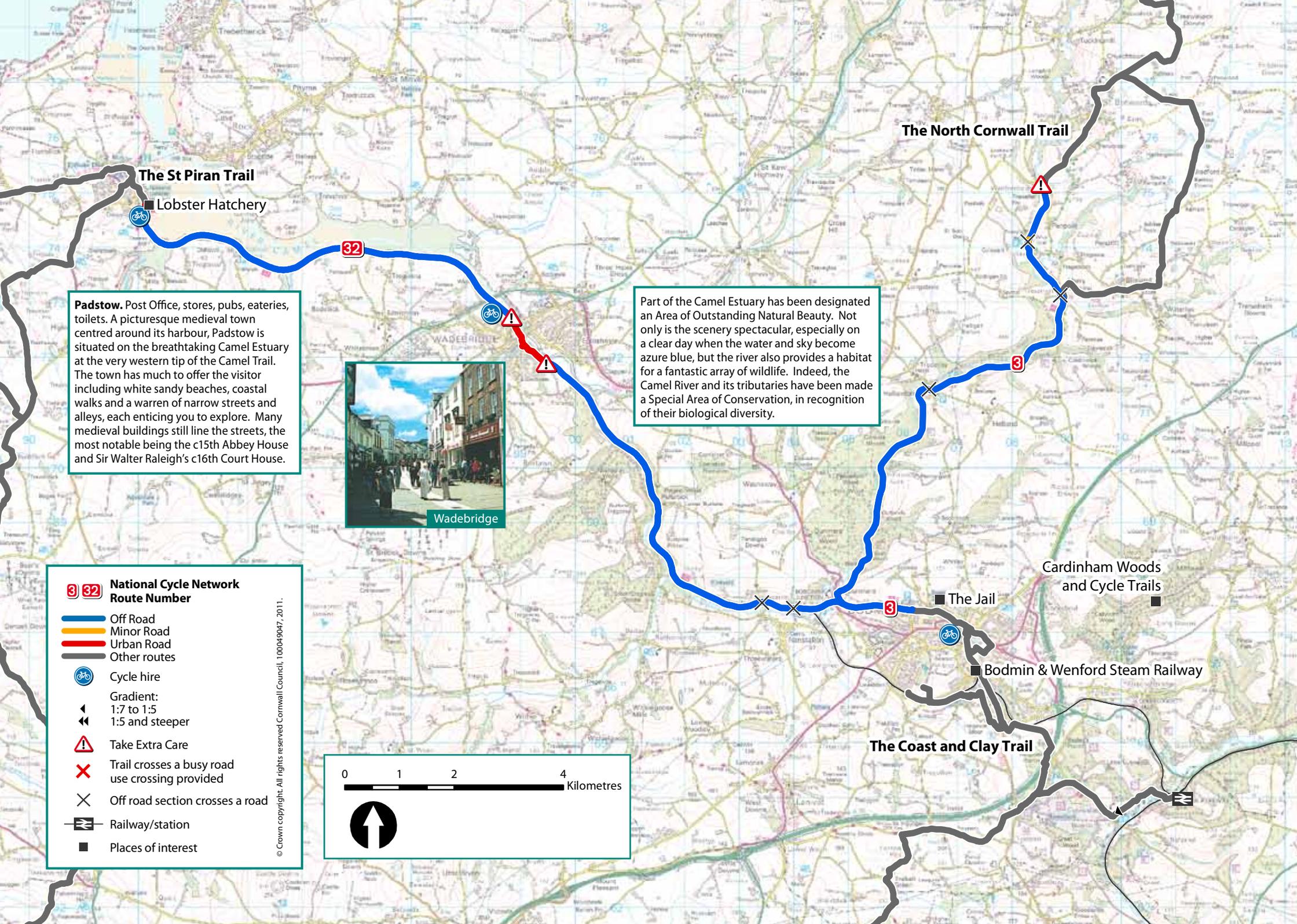


RSPB / C H Gomersall Padstow Harbour

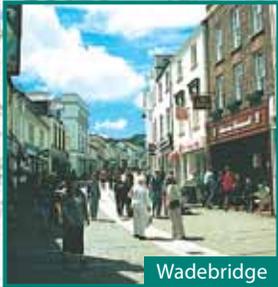


  
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**Padstow.** Post Office, stores, pubs, eateries, toilets. A picturesque medieval town centred around its harbour, Padstow is situated on the breathtaking Camel Estuary at the very western tip of the Camel Trail. The town has much to offer the visitor including white sandy beaches, coastal walks and a warren of narrow streets and alleys, each enticing you to explore. Many medieval buildings still line the streets, the most notable being the c15th Abbey House and Sir Walter Raleigh's c16th Court House.



Part of the Camel Estuary has been designated an Area of Outstanding Natural Beauty. Not only is the scenery spectacular, especially on a clear day when the water and sky become azure blue, but the river also provides a habitat for a fantastic array of wildlife. Indeed, the Camel River and its tributaries have been made a Special Area of Conservation, in recognition of their biological diversity.

**3 32 National Cycle Network Route Number**

- Off Road
- Minor Road
- Urban Road
- Other routes

**Cycle hire**

**Gradient:**

- 1:7 to 1:5
- 1:5 and steeper

**Take Extra Care**

**Trail crosses a busy road use crossing provided**

**Off road section crosses a road**

**Railway/station**

**Places of interest**

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